

## PLAYER PITCH LIMITS AND REST REQUIREMENTS

### Maximum pitch limit by age

p.44, 2018 Little League Baseball Rulebook

#### League Age:

11 – 12	85 pitches per day
9 – 10	75 pitches per day
7 – 8	50 pitches per day

A pitcher must be removed from the pitching position when they've reached the daily limit for their age-group; however, they may remain in the game in a different position.

Exception: *A pitcher who reaches their maximum daily pitch limit while facing a batter, the pitcher may continue to pitch until that batter's turn, within the half-inning, is completed (makes it to base, strikes out or the 3<sup>rd</sup> out is made completing the half-inning).*

#### Notes:

- 1) A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.
- 2) A catcher who has played in that position for 4 innings is not eligible to pitch on that calendar day. A catcher receiving 1 pitch to a batter in the 4<sup>th</sup> inning constitutes having caught 4 innings. Warm up pitches do not count.

### Mandatory Rest Requirements

66 pitches or more = 4 calendar days of rest (midnight to midnight).

51 – 65 pitches in a day = 3 calendar days of rest

36 – 50 pitches in a day = 2 calendar days of rest

21 – 35 pitches in a day = 1 calendar day of rest

1 – 20 pitches in a day = no (0) calendar day of rest required

Exception: *If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until that batter's turn, within the half-inning, is concluded (makes it to base, strikes out, or the 3<sup>rd</sup> out is made completing the half-inning). The pitcher will only be required to rest the # of calendar days for the threshold that he/she reached during that at-bat provided that the pitcher does not deliver a pitch to another batter.*